

Patient PKG® FAQs

What are the benefits of the PKG Watch to patient & caregiver?

- The PKG Watch provides audible & visual Parkinson's medication reminders, removes the need to keep a detailed journal, and can help provide valuable information to your doctor about your Parkinson's symptoms.

How does this help my doctor treat my Parkinson's?

- The information collected by the PKG Watch can tell your doctor more about your Parkinson's related movement during the day including if you are moving a bit slowly or having difficulty in performing movements. The PKG can help your doctor assess the current state of your Parkinson's disease and assist them in deciding about the right type and amount of medication for you at the right time.

What is my cost and is it covered by insurance?

- Your cost will be for the time you are being monitored (wearing the watch) on a monthly basis, and for the time you meet with your doctor in person or virtually.
- This cost will be dependent on your health insurance. Your doctor's office should be able to provide you with your out-of-pocket costs, and we also encourage you to check with your insurance provider on what services are covered. Make sure to indicate to your health insurance provider that the services are for Remote Physiologic Monitoring (RPM), not Durable Medical Equipment.

How long does the PKG watch need to be worn?

- The PKG watch is worn 24 hours a day for a 7-day period. Wearing your PKG Watch day and night provides your doctor with important information to optimize your Parkinson's disease therapy.
- After 7 days, the PKG Watch is then charged for 2 hours, the data is sent to the PKG team through the cellular network, and the PKG Watch is reconfigured for the next 7-day wear period. You will then continue to wear your watch ongoing until your doctor says to stop.

Can I wear the PKG Watch for all activities? Are there any restrictions, and can I wear it during exercise?

- The PKG Watch is meant to be worn continuously during all routine activities (eating, sleeping, exercise). The PKG Watch is water resistant, however, we recommend that you take it off for bathing or swimming. The PKG Watch can also be worn while showering and washing your hands.
- We recommend you do not wear the PKG Watch if boxing or participating in any activities where you think the PKG Watch can be damaged.

Is it difficult to use?

- The PKG Watch is simple to use. All you need to do is activate the PKG Watch by holding your finger on the face for 10 seconds, swipe the watch face each time you take any Parkinson's medication, and charge the PKG Watch at the end of the week. Please note: you will receive a medication reminder at your prescribed time, and once you swipe to acknowledge you've taken your medication, you'll see a checkmark.

Can I buy it and if not, how do I get it?

- Currently the PKG Watch is only available by prescription from your Neurologist.
- If your doctor is not currently working with the PKG Watch, they will need to sign up for the PKG program to get you access.

Is it secure for my data?

- The watch itself does not have any connection to a network. It only collects Parkinson's related movement data. When you charge the watch, this movement data is then sent by a charging dock via a secure cellular network to the PKG team for processing into an assessment report. For further information on how the data is stored, please refer to the Privacy Policy on the PKG Website <https://pkgcare.com/healthcare-professionals/privacy-policy/>

Does it need Wi-Fi?

- No, the watch only needs its battery to be charged. The charging dock requires a cellular network to transmit the data to the PKG team.



Who do I contact if I have problems?

- If you have issues with the watch or charging dock, please contact the PKG team's patient support via phone or email, which you can find at the end of this document. If you have questions about medication or reminder times, contact your clinic.

How soon does my doctor get the results of my test (PKG)?

- Your doctor will get the assessment report within 2 days of you putting the watch on the charging station. As you charge your watch, the data will automatically be sent remotely to the PKG team.

Is the device compatible with other electronic devices (i.e. pacemaker)?

- Yes, the PKG Watch is safe to use with other devices such as implantable pacemakers, and does not have any negative interaction with these other devices.

Do you have a website?

- Yes, please visit: www.pkgcare.com

Is there an instruction manual?

- Yes, the watch will come with a patient instructional manual. We also provide instructional videos on how to activate the PKG Watch and use the medication reminders. These can be found on the website.

How do I get a copy of the report and results?

- You should talk to your doctor about your results.

How does my current report compare to my prior ones?

- Your doctor will have a copy of all of your reports, and can discuss the results with you.

Can I change the medication reminder times?

- Your doctor will decide if you require changes to your medication times, and they can make these changes remotely. Any changes will take effect the next time the PKG Watch is placed on the docking station for charging. (Refer to 'Charging the PKG Watch & downloading the data' in your 'Patient Instruction booklet').

Can the medication reminders only be used for Parkinson's disease medications?

- At this point, the medication reminders are only for Parkinson's medications such as Levodopa.

How often does the PKG Watch need to be charged?

- You will wear the PKG Watch for 6-7 days until you see the envelope on the screen. When you see an envelope appear on the watch face, you are required to charge the PKG Watch for up to 2 hours using the provided docking station. When the PKG Watch is placed on the docking station, the PKG Watch is charged and sends the data to be analyzed. Once the PKG Watch is charged, it is ready to be reactivated and worn until the envelope appears again.

What if I am hearing impaired?

- You can contact the 711 for Telecommunications Relay Service (TRS) which is a free national service that supports persons with a hearing or speech disability to use the telephone system via a text telephone (TTY) or other device to call persons with or without such disabilities.
- Simply dial 711 to be automatically connected to a TRS communications assistant. It's fast, functional, and free. Dialing 711, both voice and TTY-based TRS users can initiate a call from any telephone, anywhere in the United States, without having to remember and dial a ten-digit access number.

For further information contact PKG Support or visit our website.



(888) 970 8714
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www.pkgcare.com

Indications for Use

The Personal KinetiGraph (PKG) is intended to quantify kinematics of movement disorder symptoms in conditions such as Parkinson's disease, including tremor, bradykinesia and dyskinesia. It includes a medication reminder, an event marker and is intended to monitor activity associated with movement during sleep. The device is indicated for use in individuals 46 to 83 years of age.

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